➤ Name: Amitab Kumar Mandal

➤ Date of Birth: 27.01.1992

➤ Date of Joining: 12.08.2017

➤ Teaching Experience: 05 Years 01 month

➤ Brief Introduction:

➤ Biography: (Your educational background.) M.P.Ed, SET(WBCSC), Ph.D (Pursuing)

➤ Academic Activities/Duties: (Worked as Paper Setter etc.)

> Teaching Area: Balagarh B.K.Mahavidyalaya

➤ Orientation Programme/ Refresher Course/ Short-Term Course: Yoga Diploma

➤ Administrative Experience(s): (Presiding Officer in WBLA 2021 etc.) 2<sup>nd</sup> Polling Officer

Research Experience and Topic: Dessertation in M.P.Ed and A study on cardio- respiratory bmi and psychological variables

between Bodybuilder and Yoga players.

> Academic Memberships:

> Social Contribution:

➤ Honour/ Prize / Award: Sports Achievement

> Exposure Visits:

## > Publication Details:

Serial No.	Title	Book/Journal	ISBN/ISSN	Whether UGC- Care Listed or Peer Reviewed	Published By	Date of Publication
1	COMPARATIVE STUDY OF SELECTED PHYSOLOGICAL PARAMETERS AND BODY COMPOSITION VARIABLES OF RUNNERS JUMPERS AND THROWERS	FITNNESS AND HEALTHY LIFE THROUGH YOGA	978-93-85447-77-8	Care Listed	TWENTYFIRST CENTURY PUBLICATIONS, PATIALA	20-21 April 2015
2	DIFFERENCE BETWEEN GOVERNMENT AND PRIVATE HIGH SCHOOL GOING BOYS OF NADIA DISTRICT OF WEST BENGAL IN RESPECT OF CARDIOVASCULAR ENDURANCE: A COMPARATIVE STUDY	JAMSHEDPUR RESEARCH REVIEW	2320-2750	Peer Reviewed	GYANJYOTI EDUCATIONAL & RESEARCH FOUNDATION (TRUST), JAMSHEDPUR, JHARKHAND	Nov-Dec 2018
3	AEROBIC EXERCISE TRAINING OF COLLEGE STUDENTS IN RESPECT ON PULSE OXYGEN AND PULSE RATE: EFFECT ON	JAMSHEDPUR RESEARCH REVIEW	2320-2750	Peer Reviewed	GYANJYOTI EDUCATIONAL & RESEARCH FOUNDATION (TRUST),	JAN-FEB 2019

	HEALTH.				JAMSHEDPUR, JHARKHAND	
4	DIFFERENCE BETWEEN BEGINNER AND ADVANCE SOCCER PLAYERS IN RESPECT OF EMOTIONAL INTELLIGENCE: A COMPARATIVE STUDY	SANSKRUTI INTERNATIONAL MULTIDISCIPLINARY RESEARCH JOURNAL	2455- 1511	Peer Reviewed	PUBLISHED BY SMRDTI & INTERNATIONAL INSTITUTE OF ORGANIZED RESEARCH (I2OR)	JAN-FEB- MARCH, 2019
5	ON COLLEGE STUDENTS: EFFECT OF SURYA NAMASHKAR YOGIC PRACTICE ON HEART RATE AND FLEXIBILITY	JAMSHEDPUR RESEARCH REVIEW	2320-2750	Peer Reviewed	GYANJYOTI EDUCATIONAL & RESEARCH FOUNDATION (TRUST), JAMSHEDPUR, JHARKHAND	JUNE, 2019
6	AGGRESION BETWEEN BLOCK LEVEL AND DISTRICT LEVEL FOOTBALL PLAYERS OF NADIA: A COMPARATIVE STUY	INTERNATIONAL JOURNAL MULTIDISCIPLINARY EDUCATIONAL RESEARCH OR (IJMER)	2277- 7881	Peer Reviewed	SUCHARITA PUBLICATIONS, SRINAGAR, VISAKHAPATNAM, ANDHRA PRADESH	JUNE, 2019

## ➤ Paper Presentation Details:

Serial No.	Title	Organized By	Date	Online/Offline
1	DIFFERENCE BETWEEN BODYBUILDERS AND YOGIS IN RESPECT OF CARDIO RESPIRATORY FITNESS BMI AND SELF CONCEPT	Seminar at Sree Chaitanya Mahavidyalaya, Habra In collaboration with PGGIPE, Banipur.	20 <sup>th</sup> September, 2019	OFFLINE

